

# Rose Quartz



## Mineralogy:

**Type:** Oxide mineral

**Chemistry:** Silicon Oxide ( $\text{SiO}_2$ )  
with Ti, Fe & Mn

**Hardness:** Mohs scale ~7

**Crystal System:** Trigonal &  
Hexagonal.

## Colours:

Various scales of translucent and opaque pale pink to red. Individual stones are evenly coloured

## Authentication

**Streak test:** White

## Occurrence:

Rose quartz forms inside pegmatite (holocrystalline, igneous rock) at 400-700°C during a superfluid phase (where liquid and gas are indistinguishable). Pegmatites are known for large crystal components and those mined for Rose quartz are from Madagascar, South-Africa, Mozambique Namibia, USA, India and Brazil.

## Metaphysical Properties:

Rose quartz brings self-fulfilment and inner peace due to its connection with the heart, the harmony centre of the body. It recognises and understands emotional difficulties by gently releasing emotional trauma. It is a heart chakra trinity stone, joining Kunzite that balances emotion and Rubellite (pink tourmaline) that externalises love and compassion. It can be used and worn in combination as the heart trinity and also with Malachite or Gem Silica (Chrysocolla). Malachite will purge unhealthy emotional habits where Rose Quartz will soften the process. Chrysocolla instils patience during emotional healing and together with Rose Quartz assists with expressing emotion.

## Stone of Compassion

